



CHRIST AND THE EPIPHANY

VOLUME 22

MARCH 2018

MISSIONAL PRIEST

Father Charles Kamano

Trip to Guinea

My trip to Guinea is one that I was really hoping to accomplish this year and thank God I made it. I flew from JFK on January 31 and arrived in Conakry (Guinea) the next day February 1 at 6:30 p.m. My sister Josephine, whom I have not seen in twelve years, was only informed about my arrival at the airport shortly before the plane landed. She couldn't believe her eyes. Her husband told her to come with him to the airport. She screamed, ran toward me, and hugged me for several minutes. Her eyes were full of emotional tears. Neither one of us could hold back our tears. The people at the airport stared at us in amazement. I guess they understood that this was a long-awaited reunion of two siblings who missed each other so much. We drove home for two hours on a very

busy, dusty, and bumpy road which is about 2 miles from the airport. It was extremely hot, contrary to the weather here in the USA. I didn't mind the heat since I was still able to adjust to my African roots.

We arrived at my sister's around 11:00 p.m. Guinea is currently 5 hours ahead of the U.S. My two nephews and niece (18-year-old son, 14-year-old daughter, and 7-year-old son) were still waiting to see their uncle for the first time. The joy was palpable on their faces and mine, too. The youngest, Charles (my namesake), literally sat on my lap while we ate from the same dish. My sister sat close to me like Jesus and Mary, while acting also like Martha. The house was filled with light and joy. After the meal I went to stay at an American base in Conakry. The lodging had been prearranged by a cousin who works with the Evangelical Mission in Guinea.

It was safer for me there with several other Missionaries from the USA, Canada, and Europe. I paid \$20 per day which was reasonable compared to our welcoming centers here. Sometimes my sister came over to visit and sometimes I came to her house to share the family meals together. Lunch was a typical African menu consisting of palm oil soup with dried/fresh fish, okra, green leaves with rice, couscous, and fried plantains.

Thanks to the generosity of some of the parishioners here at Christ and The Epiphany combined with other outside donors, I brought with me an important quantity of calcium and multivitamins (total of 55 bottles). Out of the \$150 from the Parish I spent \$75 for the excess baggage with the remaining \$75 donated to my two former parishes to support their mission activities. I distributed the calcium and multivitamins

Service Schedule

Sunday, March 25

Palm Sunday 10:00 a.m.

process to the Green with palms
(weather permitting)



Holy Week

Thursday, March 29

Maundy Thursday

worship service 6:30 p.m.



Friday, March 30

Good Friday

12:00 - 3:00 p.m.

Sanctuary open for
prayer and reflection

6:30 p.m. worship service



person to person during my visits to Churches and families. On the last Friday of my stay I was invited to the opening ceremony of the General Assembly of Protestant Churches in Guinea where I was introduced as an Episcopal Priest from the U.S. I also visited and concelebrated the Eucharist with the Anglican Bishop and priests at a local Parish on Saturday. Perhaps we can be a sister Parish to one in Guinea. Please feel free to share your thoughts and suggestions. For courtesy's sake I also wanted to visit my former Roman Catholic Bishop to say hello but sadly I never received a return call.

Overall, my trip to Guinea was a success even though there were some scary moments. I arrived in Guinea during the local elections. There were riots and protests before and after the elections. I was a little anxious about safety and security concerns. In the end it worked out very well for me. My sister charged me to convey her love to you ALL.

Senior Warden

Barbara Parsons

Lent has begun. What can each one of us do to prepare for the event that gave us the salvation of our souls and the promise of eternal life? What does that mean to us and what are we going to do about it? The enormous and unconditional love of God who took on the form of our humanity. Jesus felt all that we feel. He felt love, anger, doubt, fear and above all, pain of heart and body. When we pray, He understands. I'm reading a great book by Max Lucado called "Six Hours One Friday".

Decide what would be meaningful to you. Do you like music? There is great praise and worship music on YouTube. My favorite singer is Lauren Daigle and one of my favorite groups is Casting Crowns.

Spend some quiet time in prayer, practicing the presence of God. Whatever you do, do it to the glory of God. He waits patiently for us to come to Him and when we do, he blesses us more than we deserve.

Have a blessed Lent.

Worship and Mission

Wendy Bellmore

The Worship Commission met on January 24, 2018 to plan the Lenten calendar of services. Fr. Charles enjoyed some time away and we conducted two Morning Prayer services on Feb 4 and 11. Thank you to lay leadership who conducted the services and shared reflections on the Gospel. We will continue Morning Prayer with lay leadership any time the Priest is absent as we did not budget for Supply Clergy for 2018.

Mission Sunday continues on the first Sunday of the month. February Mission Sunday was also International Mission Sunday as well as Boy Scout Sunday. We were approached by East Haven Pack 408 to host them in celebration of Scout Sunday. We enjoyed a wonderful ecumenical service of Morning Prayer. Our service included a

procession with the Bartlett Cross, American flag and Troup 408 and Pack 408 flags. The boys presented in uniform and proudly processed in. We were joined by members of the American Legion Post 89 also named for Harry Bartlett. Our Music Minister selected patriotic songs honoring our guests. We had the opportunity to discuss the potential to plan a Veterans Day ecumenical service for November 11, 2018 with the American Legion providing the color guard.

I continue to serve on the Diocesan Mission Committee which meets the first Monday of the month at St Paul's in Wallingford. We are actively preparing for the annual Mission Conference which will take place on March 3, 2018, entitled GO! It promises to engage anyone interested in mission work in finding our strengths, understanding

Service Schedule

Sunday, April 1

Easter Sunday

worship services at usual times

8:00 and 10:00 a.m.

Bring a small bell to ring at the 10:00 service.



UPCOMING EVENTS

Throughout March

March Madness Clothing Sale -

Good Shepherd Thrift Store, Tuesday and Thursday 9:00-11:00 a.m., Saturday 9:00 a.m.-1:00 p.m., all clothing is half-price.

Sunday, April 29, 3:00 p.m.
Good Shepherd Thrift Store's
Annual Spring Fashion Show

CHURCH LIFE in photos

Mardi Gras Brunch

Our intrepid pancake makers Carol, Ron, Pete and Steve



Ken and Kathy Dougherty,
Runners ups



Peter Cianelli and
Barbara Parsons,
Pancake Tossing champions



what roles we might take on, and equipping us for the work to be done. It will be addressing local, regional and international missions, as well as disaster response missions. We will be sharing information about the Kateri Mission and leading a focus group. Please consider attending.

I am planning a mission trip to West Africa in April with our Kateri partners. We will be hosted by the three Bishops, visiting currently operational clinics, and reviewing the progress of the newly funded clinics, as well as participating in health care clinic “intensives” with local clinical professionals and staff.

Christ and The Epiphany Church continues our relationship with the East Haven United (EHU) ecumenical gathering of Christian churches in our community. Meetings address efforts to promote the work of churches in

spreading the Gospel through community building and projects addressing social justice issues such as equal access, health care, hunger, and homelessness. More to follow on 2018 plans.

Pastoral Care: We hope to prepare as many as would like to become Eucharistic Visitors. This will require Safe Church licensure and a background check. The good news is that Safe Church training is good for 5 years! Please check with Diane Rowley, our Parish Administrator, to check on your expiration date. 2018 classes are listed on the Diocesan website.

Midnight Run

Kathy Alison

Our monthly participation with Midnight Run for February was met by an eager crowd. The food, personal care kits, blankets, knit hats, and luggage were received with much gratitude.

Remember...

“You cannot change the world but you can change someone’s world.” We do make a difference.

Feasts, Festivities & Fund Raising

Carol Link-Ude

Annual Spring Fashion Show

Casting Call: Male and Female models; no experience needed.

Donations needed: Raffle baskets.

Our Good Shepherd Thrift Store Annual Spring Fashion Show on April 29th benefits the East Haven Food Pantry as well as Christ and The Epiphany church. Tickets are \$12 each and 4 nonperishable food items. This event is open to the public and will begin at 3 p.m. Please contact me if you can either model or donate a basket for the raffle.

Pancake Mardi Gras Brunch

Our annual Ham and Pancake brunch was held on Sunday, February 11th following the 10am service in the Great Hall. Our typical meal of pancakes, ham and applesauce was served. Six (6) teams participated in the pancake tossing event. It was very competitive with a lot of cheering from the sidelines. The team of Barbara Parsons and Pete Cianelli regained their championship status. Ken and Kathy Dougherty were runner ups.

Thanks to all the helpers for this event and especially the cooks: Steve Langlan, Ron Blevins, and Pete Cianelli.

South Central Episcopal Church in Connecticut (SCECCT)

Diane Villano

Bishops Ian Douglas and Laura Aherns joined the more than 50 people from 19 parishes at the February

CHURCH LIFE in photos

Scout Sunday

Welcome Troop 408



Andrew Simon with the Bartlett Cross



Charlie Langlan reciting the Pledge



CHURCH LIFE in photos

Cross and Flag bearers
Charlie Langlan, Andrew
Simon, and from Troop 408
Keyvon, Elijah



Three generations of
Scouting
Andrew, Wendy, and Aiden



Annual Parish Meeting
Come to order



17th gathering of the South Central Region at the Church of the Holy Spirit in West Haven. The meeting took the form of a 'deconstructed Eucharist' as prayer, lessons and the Eucharist were woven together with one-on-one, table and entire group conversations.

The main topic was Resolution 9 from last year's Annual Convention, Assessing our Resources for Participating in God's Mission. In effect, to identify programs and activities that bring God's mission across parishes and regions and determine necessary financial resources. Discussions included how parishes and regions are defined in the New Missional Age, and what resources we need in our specific region.

Episcopal Church in Connecticut (ECCT)

Diane Villano

Statement by Bishops United Against Gun Violence, February 16

"The heart of our nation has been broken yet again by another mass shooting at an American school."

Please see the full text at www.EpiscopalCT.org or posted in the Great Hall.

The 6th Annual Spring Training & Gathering is April 7, 2018, 9:00 a.m. - 4:00 p.m., Lincoln Middle School, 164 Centennial Ave., Meriden, CT.

Join Episcopalians from across Connecticut for a day of fellowship, learning, prayer and fun. All are welcome - people in the pews to vestry member to parish leaders and staff. More than 30 75-minute workshops are offered and snacks, coffee, tea, and lunch are provided. Workshop topics areas include Christian Formation, Communication, Connecting and

Collaborating, Essential Parish Operations, Leadership, Passion & Call, Pastoral Care, Social Justice & Advocacy, and Worship. Workshop descriptions available at www.episcopalct.org/spring-training or see the printed copy on the Great Hall bulletin board. Regular registration ends March 11 and is \$15.00, late registration is \$25.00 and ends March 25th.

Easter Choir

Barbara Coulombe
Music Minister

Calling all singers to form our Easter Choir! We need YOU!

We will be singing “He Is the Risen Lord” by Joseph M. Martin from the Triune Choral Library. Rehearsals will begin promptly following the worship services on March 4th, 11th, 18th and 25th (Palm Sunday).

Let’s celebrate Easter joining together with this special selection when we once again sing the “Alleluias”!

Lenten Reflections

Pope Francis

This Lent....

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God. Fast from complaints and contemplate simplicity.

Fast from pressures and be prayerful.

Fast from bitterness and fill your hearts with joy.

Fast from selfishness and be compassionate to others.

Fast from grudges and be reconciled.

Fast from words and be silent so you can listen.

CHURCH LIFE in photos

Annual Parish Meeting
Celebrating Rev. Charles’s
birthday



Barbara Coulombe
preaching on Feb 11th



It’s a family affair
Barbara, George, Susan and
Barbara’s brother Richard



Altar Adornments

Kristina Langlan

Flowers are \$35.00

Candle is \$10.00

Payment needs to be submitted the Sunday you select for either one or both. Please note on your check for the donation you've included with your weekly pledge.

Congratulations

Kristina Langlan will be received into the Episcopal Church on Saturday, March 31st, by the Episcopal Church at Yale, at Trinity on the Green Church, 230 Temple St., New Haven, CT at the 7:30 p.m.

Confirmation/Reception Service celebrated by Bishop Laura Aherns.

Easter Egg Pin class

Diane Villano

Saturday, March 24, 10:00 a.m.-1:00 p.m., Hobby

Lobby, all materials including polymer clay, glitter, jewelry findings and use of tools included, \$36.00. Register on my website

www.DianeVillano.com or email

DianeV_scpcg@yahoo.com.

Local Events

Saturday, March 10, 6:00 p.m., Old Stone Church, St. Patrick's Day Dinner, corned beef and cabbage supper featuring the Mulkerin School of Irish Dancing, tickets \$15 adults, \$6 children, call 203 467-2907.

Seek and ye shall find

Diane Villano

Where in the church building was this photo taken?

Congratulations to Kathy Dougherty who knew the location of this plaque - in the Chapel, on the wall to the left of the altar, behind

the door. (Yes, that's fair!) She wins a ShopRite \$5.00 gift card.



The challenge for March is:



Send the exact location of this item to Diane Villano at Communications@ChristandTheEpiphany.org or call (203) 887-3392 by March 18 and your name will be entered in a drawing for a \$5.00 gift card. Answer and winner will be posted in the April newsletter.

Series of Romantic Composers

Tony Lamberti



Spring Time at the Met

After an exciting February with Wagner's Lenten opera "Parsifal" we head into a new month with some new and beloved productions. Let's start off with two of the most treasured and well-known

Operas of Puccini, "LaBoheme" and "Madame Butterfly". Both renowned operas will bring tears to your eyes. Starting on March 3rd one of Rossini's lesser known operas "Semiramie", which has not been performed in over thirty years, will make its comeback at the Met. I have never seen it but I will be in the audience on March 10th.

The Met has three outstanding productions this month starting with Richard Strauss' powerful and moving opera "Elektra" followed by Puccini's opera masterpiece "Turandot" on March 24th and lastly a wonderful opera by Mozart called "Cosi Fan Tutte".

Tickets are going on sale at the Met's Box Office so if you get the chance take a trip into the City to enjoy these great operas in person. Until the next time we meet, take a little time to enjoy the finer moments

in life and have a happy spring.

Annual Meeting

2018 Elections

1st Warden:
Barbara Parsons

2nd Warden:
Janet Cianelli

Treasurer:
Susan Shultz

Clerk:
Kristina Langlan

Vestry 3-year terms:
Astrid Swanson
Ron Blevins

Vestry 1-year term:
Sallie Alexander (complete final year of unexpired term)

ECCT Annual Convention

Delegates:
Diane Villano
Barbara Parsons
Joyce Aurelius (Alternate)

Summer Study at Yale Divinity School

Diane Villano

Registration is now open for Summer Study, June 4-8 and 11-15 at the Yale Divinity School. Weekly workshops are open to the public and cost \$450 per course. Descriptions are available on their website: <https://summerstudy.yale.edu/>.

Communications

Inclement weather

In the event of worship services being cancelled due to weather conditions, a notice will be posted on Fox 61, News 8 and MYTV9 TV stations and can also be viewed at www.fox61.com/closing and www.wtnh.com as well as on our website at www.ChristandTheEpiphany.org and our Facebook page.



©wondercliparts.com

March Anniversary

3/21/2015

Tom and Gail Beck



March Birthdays

20-Mar Ian Reynolds

21-Mar Madeline Hubbard

29-Mar Kenneth Dougherty

Intercessory

Prayers

B.J. - Beverly W. - Bradley D.
- Bruce Langlan - Bunny W. -
Carol - Carol C. - Cassandra -
Cheryl Link - Chester Chappuis
- David - Dennis Family - Devin
K. - Diane - Eleanor N. - Eric
S. - Faith and Family - Father
Eddie - Ferrara Family - Gale -

Gina - Goodfellow Family -
Greg T. - Helen - J.D. - Jay -
Jim C. - John D. - Joseph -
Judy DeFeo - June W. - Karl -
Kasch T. - Kartrina R. - Ken
Wortz - Lage Family - Lucas
Sundwall - Sister Madonna D. -
Mark Conti - Marty - Matt -
Melissa D. - Olivia and Family
- Rachael - Richard - Robert J.
- Sean - Thomas M. - Vidar H.
- Vivian S.

To submit names for the Intercession Prayer list please call or email the church office. Names will be kept on the list for 3 months unless longer time is requested. If a person you have placed on the list recovers in less than 3 months or passes away, please update the church office.

March Newsletter

The deadline for the April 2018 issue of the newsletter is Friday, March 23, 2018.

If you have any contributions for the newsletter, or an update to the Birthday or Anniversary list, please call the church office at 203-467-2310.
-Kathy Alison & Susan Shultz,
Editors

TREASURERS REPORT

Susan Shultz

	January	UNDER/OVER BUDGET	YTD	UNDER/OVER YTD BUDGET
INCOME	\$ 7,587.32	\$ (2,786.01)	\$ 7,587.32	\$ (2,786.01)
EXPENSES	\$ 11,633.07	\$ (85.85)	\$ 11,633.07	\$ (85.85)
NET	\$ (4,045.75)	\$ (2,700.16)	\$ (4,045.75)	\$ (2,700.16)

NOTES: Our income is down because some building ue groups made their January payments in February. After some late 2018 pledge cards were received we were able to increase our pledge budget item. So we no longer have a budgeted deficit for 2018! We are now hoping for a small surplus.

CHRIST AND THE EPIPHANY CHURCH

10:00 AM March Worship Schedule

	<u>March 4, 2018</u>	<u>March 11, 2018</u>	<u>March 18, 2018</u>	<u>March 25, 2018</u> <u>Palm Sunday</u>	<u>March 29,2018</u> <u>Maundy Thursday</u>	<u>March 30, 2018</u> <u>Good Friday</u>
Welcomer	Barbara Parsons	Joyce Aurelius	Barbara Parsons	Joyce Aurelius	Barbara Parsons	Joyce Aurelius
Crucifer	Ricky Alexander	Charlie Langlan	Ricky Alexander	Charlie Langlan	Ricky Alexander	Charlie Langlan
Chalice Bearer	Hal Levi	Steve Langlan	George Coulombe	Kristina Langlan	George Coulombe	Kristina Langlan
Lector	Susan Shultz	Joyce Aurelius	Audrey Sundwall	George Columbe	Kristina Langlan	Steve Langlan
Usher	Gail Schappa	Ron Blevins	Gail Schappa	Ron Blevins	Audrey Sundwall	Ron Blevins
Lead Counter Counter	Diane Villano Sally Alexander	Astrid Swanson Fred Bowden	George Coulombe Diane Villano	Susan Shultz Ron Blevins	George Coulombe	George Coulombe

Christ and The Epiphany Church

39 Park Place

East Haven, CT 06512

Phone: 203-467-2310

E-mail: christandtheepiphany@gmail.com

Website: christandtheepiphany.org

Worship Schedule

Sunday

8:00 a.m. Holy Eucharist

9:00 a.m. Adult Education and Discussions

10:00 a.m. Holy Eucharist with music

Children are invited to a youth lesson during the sermon